



News release

Nunavut health workers receive prenatal nutrition training

IQALUIT, Nunavut (February 1, 2001) – The Department of Health and Social Services, working in conjunction with the Canada Prenatal Nutrition Program (CPNP), is pleased with the outcome of a four-day training workshop that ran from January 19 to 24.

Designed to increase the skills required to initiate and deliver successful CPNP community projects in Nunavut, the workshop attracted 22 participants from throughout the territory.

“Community-based projects provide excellent opportunities for Nunavut communities to promote and improve health,” Brenda McIntyre, a nutrition specialist with the Department of Health and Social Services, said. “Given the challenges of running successful community projects, it is important for us to create training opportunities such as this workshop to ensure staff are knowledgeable and skillful in many different areas.”

The workshop covered such topics as proposal writing, project administration, nutrition, leading and teaching cooking sessions, supporting and promoting breastfeeding, project evaluation and fetal alcohol syndrome. Guest facilitators included midwives from the Rankin Inlet Birthing Centre, a Rankin Inlet private-practice occupational therapist and a nutrition specialist from Yellowknife.

The Canada Prenatal Nutrition Program, the workshop sponsor, typically provides funding for community programs designed to improve the health of pregnant women and women breastfeeding infants up to one year of age.

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