

## **Public Health Advisory**

## Trichinosis symptoms reported in Igloolik - cook walrus meat before eating

August 16, 2012 Igaluit, NU

Walrus meat that was distributed in Igloolik may contain *Trichinella nativa* a parasite that causes the disease, trichinosis. Recently, some residents presented themselves at the local health centre with symptoms of trichinosis.

People in the community of Igloolik are advised to make walrus meat safe by cooking it before eating, as this kills the parasite. Freezing or fermenting the meat, however, does not kill the parasite.

Symptoms of trichinosis include: vomiting, fever, diarrhea, rash, muscle pain, and fatigue.

If you have recently eaten raw or undercooked walrus meat and have any of these symptoms, please visit your local health centre immediately.

Contact the Igloolik Health Centre, (867) 934-2100, or Environmental Health Officer for more details.

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## For More Information Contact:

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