



News Release

For Immediate Release

A new menu at Qikiqtani General Hospital

IQUALUIT, Nunavut (September 24, 2012) – The preparation and delivery of hospital meals is changing at Qikiqtani General Hospital (QGH) in Iqaluit to accommodate specialized, therapeutic patient diets.

“Qikiqtani General Hospital is leading the way in nutrition care and food service,” said Clinical Dietitian Christina Rooney. “We are providing specialized, high quality, therapeutic diets that meet national standards and that taste great.”

The hospital takes pride in serving country foods to its patients. This new system will keep country foods on the menu and QGH will have a more sustainable supply of country foods to integrate into the regular menu selection.

“Each menu item contains important nutrients such as protein, sodium, and carbohydrates. This allows food to be a component of each patient’s medical care plan,” said Rooney. “The new menu also offers patients two meal choices at every meal.”

The hospital plans to have the new food preparation and delivery system in place later this fall.

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