

Igayakhanut Atuqtauyukhat Kangiqhidjutit (Apitilirvia 24, 2012)

Qanuriliurliqqat?

Tamaini Nunavunmi, tatqiqhiutini qulini tikiliqtuni, qulit igayakhat uuktuqtauyukhat nunallaat pidjutaini niuvirvingnilu. Imaalu ayuqharianigini taapkuninga igagiamingni nunamingni pidjutini, nuatqatigiit aallanik pittaarmiyut situanit tatqiqhiutit nunguliraangata Apitilirvianit Imaruqtivianut. Nuatqatigiit takuniaqtullu nuitihimayunik akikhilaaqhimayuniglu igayakhat iggatikhayut. Nunavut Nirittiarutait hailihimaniaqtullu situani.

Hivulliq igayakhaq, iqaluk qayukhaq nuititauyuq Apitilirvia 20, 2012-mi tamaini Nunavunmi.

Humit piyauvat igayakhat?

Munaqhiliqiyitkut Inuuhiqattialiriyillu havaktut qulinik igayakhanik piblulik nunallaat pidjutaini tamaat Nunavunmi. Igayakhat:

- Uuktuqtauhimayut Nunavut igaviini
- Piqaqtut ikpingnaqtunik niriyaqhanik ayuiqhautablutiglu igayukhigiami
- Piqaqhutiglu igadjutikhanik niuviqtauttaaqtuunik akikhilaaniglu Nunavut sitaunginiittunik
- Qun'ngiaqtauttaaqtuut piksasuurunmut, taaffuma igayuktup tiiviikkut Oleepika Veeveep igabluni ayuiqhautigivagait igagiangita.

Kitkut ilauvat uvani pidjutini ?

Ukiuqtaqtumi Kukat (Arctic Co-operatives Ltd), Nuatanlu (North West Company), aallallu niuvirviuvaktut upittut ikayurumablulik atuqniaqhugit igaldjutikhat nuitihimablugit akikhilaaqhimayut titiraini, igadjutikhat akikhilaaqhugit, imaalu ikayuhugit igahimayamingnik uuktuqtittiblulik nunallaani munaqhini havaktut situamingniipkaqhugit. Angigliyuumiutauniaqtut ihautikhaat nirittiarnirmut ilihautikhautit hulidjutauyullu, imaalu niuvvagiaqtut piyumaliriangita talvani tadjinaq niuvvagiaqhimatillugit, nirrittaruktikhanik piyaamingni.

Qanuq una Piyauyuq maniqautiqaqqa?

Una pidjutauyuq maniqautiqaqtuq Kanatami Aanniaqtilinikunit aanniaqtaidjutaini aanniaqtailinirmut uukturiangita, nirritairniutainik ilihariangita ilauyut Nutrition North Kanatami. Niuvirviliqiyit ilaudjutauyut akikhilaarniagut uvunga agyautaitigut akikhainik, havaktimigut, nayurvikhaatigut, akikhilaaqtut nuitidjutaitigut, akikhilaaqhugit igadjutikhat.

Qaritauyakkut takuyaaqtat Munaqhiliqiyitkut Inuuhiqattialiriyillu Hivulliutikhait?

Una iligiigutauyuq pidjutikhaq atayuq nalaumayunut takuyayumayunut takupkatangat Munaqhiliqiyitkut Inuuhiqattialiriyillu Nunalingnut Aanniaqtailinirmut Upalungaiyautanut:

Takuyauyumayut Aanniaqtailinirmut

Pikaivaliriamiingni pidjutikhaanik Nunavunmiut quviahugiameingnik aanniaruaittumik inuuhitattiariamiingni taavungaraaluk.

Hivulliuurutiit Ukpriyauyut

- pidjutikhat piliriangita qanuq aanniarutiniutiit
- ikayuqtigiiglutik- ilauvaglutik nunallaani aanniaqtailinirmut ihumaliuttiarlutiglu inuuhirmitigut
- ilauvalirlutik iligiilirlutik atahiuvagiamiingni pivagiamiingni • Multiple strategies in multiple settings
- kiuttiarangita
- takunnaqhilutik ihumaliurutiit

Tamaita igadjutikhat Nunavut Nirittiarutiit takuyautaaqtuq uvani

<http://www.hss.gov.nu.ca/en/yourhealthnunavutnutrition.aspx>